

**Rocky Mountain Synod Border Immersion Day**  
Packing List

**Do Bring:**

- **Passport** (necessary for crossing back into U.S. after visiting Ciudad Juarez if the group chooses to go)
- **ID and Insurance Card**
- **Health Form**
- Water bottle (Please stay hydrated; many people get dehydrated while visiting the desert lands of El Paso)
- Hat, sunglasses, sunblock, ChapStick
- Comfortable clothing
  - **NOTE:** No booty shorts or tank top shirts
  - Season: Spring
    - Daytime: Stays between 75-95 degrees throughout the day
    - Nighttime: Drops into the 60s and 70s
    - No sleeveless shirts
    - Light jacket for air-conditioned spaces
    - Long pants or knee-high shorts
    - Close-toed walking shoes (make sure they are comfortable!)
    - May want to bring a nicer outfit for worship or dinners out.
    - Sandals and swimsuit for times of relaxation at the hotel
- Cash for gifts/souvenirs at assembly shops (local vendors only take cash #SupportLocal)
- Personal toiletries (including shampoo and soap) + Medication.
  - Motion-sickness medicine, if applicable
- Camera (Please be courteous ask permission before taking pictures of presenters or locations)
- Journal and pen
- *A good attitude and a friendly smile*
- *An open heart and mind with a desire to learn.*

**Do Not Bring:**

- Expensive jewelry
- Any form of drugs or alcohol

**Consider also bringing:**

- Personal reading materials
- A Bible, if desired
- Games for group building or evening relaxation.
- Thank you cards or gift cards for presenters you connect with.
- Gift Cards for Refugee Ministries (Walmart, Target, Albertson's, Sam's Club, Food King)
- Physical Donations for Refugees (all must be new)
  - S, M Men's Underwear
  - S, M, L Women's Underwear
  - S, M, L Women's Leggings
  - Cotton lightweight pants or Jeans for Men (30,32,34,36,38)
  - Men, women and children's Socks
  - Women's sports bras (S, M, L)
  - 2T-12y Kids underwear
  - Kids Socks
  - Mini plush toys for kids
  - Crayons and coloring books
  - Quilts for kids